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## President's Message

**Marisa K. Dowling, MD, MPP**

Dear Colleagues,

Over the summer, our chapter has been tracking both emerging and familiar public health concerns, as well as planning several chapter events.

### **Monkeypox: DC has highest rate in the nation**

As you likely are aware, DC has the [highest per capita rate of monkeypox](#) in the country with over 350 cases.

Recently, DC Health DC announced a [weekly data dashboard](#) for the disease. Nationwide, there are over [15,000](#) cases.

So far, the District has administered over [16,000](#) monkeypox vaccinations. The latest [data](#) also show emerging racial disparities in vaccine access. DC Health recently expanded eligibility criteria for the vaccine to all persons regardless of sexual orientation or gender, and are no longer limited to DC residents only. Patients can sign up for vaccinations [here](#), or attend walk up [vaccination clinics](#) on Fridays.

National ACEP has created and is regularly updating its [Monkeypox Field Guide](#) and is providing weekly rundowns in the [Emerging Threats Communication Hub](#), an open discussion forum for all ACEP members. Finally, ACEP has partnered with VisualDx to create the [Monkeypox Emergency Medicine Project](#). You can contribute your confirmed monkeypox case images to the initiative.

### **COVID-19: New free Paxlovid Telehealth Service for DC Residents**

The DC area has continued to see a steady stream of COVID-19 cases in recent weeks, courtesy of the latest subvariants (BA.5 and BA.4), which are the most contagious to date.

As of August 1st, DC Health began offering a [new free telehealth service](#) for eligible District residents seeking a Paxlovid prescription. Anecdotally, I found the service very smooth during a recent bout with COVID-19. Consider using and/or educating your patients about this new free service.

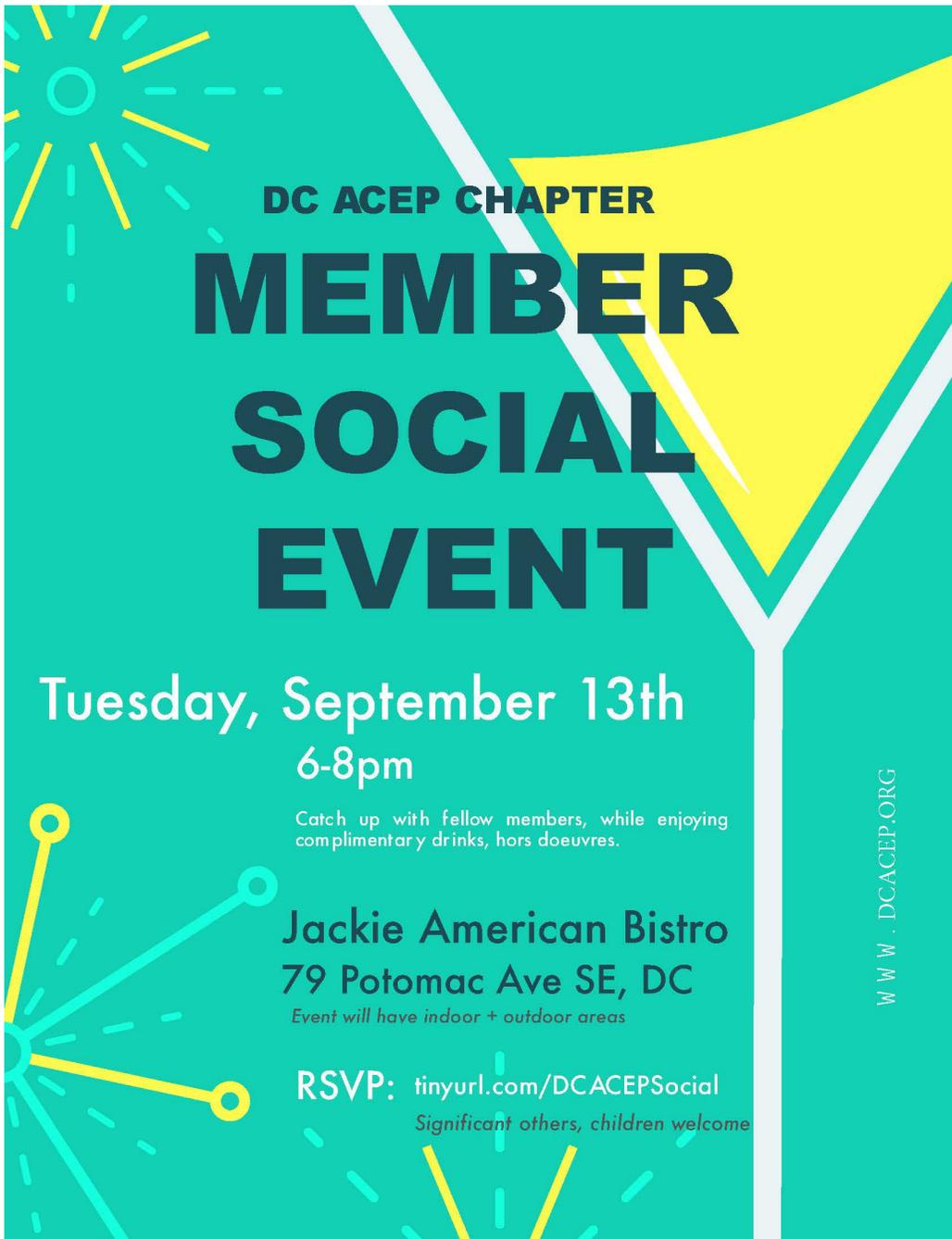
### **DCACEP Chapter Events**

First, a big thank you to all those who attended and supported our Chapter's 15th Annual LLSA Review Conference on August 8th. Heading into the Fall, the Chapter will host a busy calendar of events:

- **Wednesday, September 7th 5:30PM EST - Virtual DC-Baltimore EM Residency Director Panel:** Further information below in this newsletter.
- **Tuesday, September 13th 6PM-8PM EST - Chapter Social Event at Jackie:** Come re-connect with your colleagues over complimentary drinks and hors d'oeuvres for the first time in 3-years! The venue will be Jackie (79 Potomac Avenue SE, DC) and include indoor and outdoor seating areas. Significant others and children are welcome. [RSVP here](#).
- **Saturday, October 1st-Tuesday, October 4th - ACEP Scientific Assembly in San Francisco.** [Register here](#).
- **Sunday, October 2nd 5:30PM-7PM PDT - Mid-Atlantic Reception:** DCACEP will co-host our annual Mid-Atlantic Reception in San Francisco at [ACEP22](#) along with Virginia & Maryland ACEP to allow you to connect with your regional colleagues. [Register here](#).

Thank you for your continued commitment to DCACEP! We are grateful for all that you do, and hope to see you at one of our local events and/or in San Francisco.

As always, do not hesitate to [reach out](#) if there is anything we can do to support you in your practice of Emergency Medicine.



**DC ACEP CHAPTER**

# **MEMBER SOCIAL EVENT**

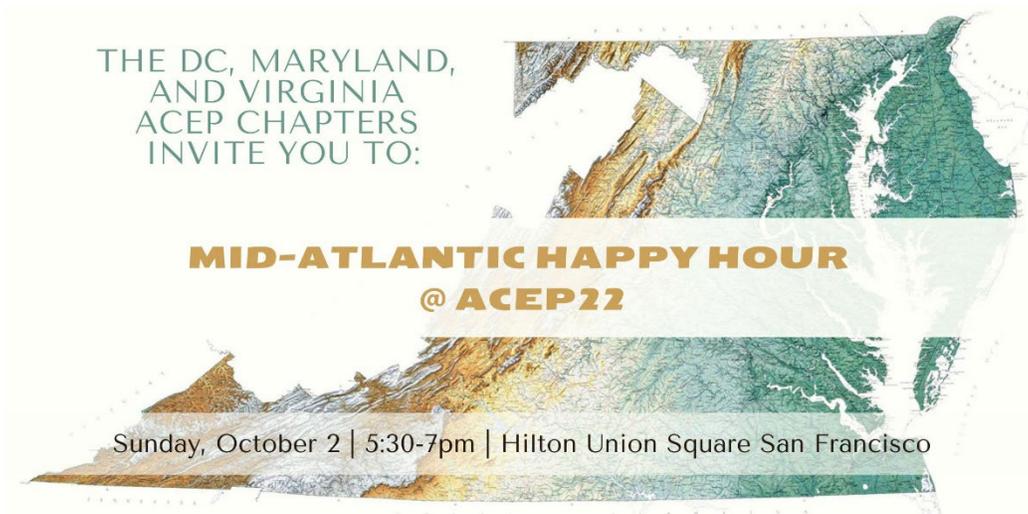
**Tuesday, September 13th**  
6-8pm

Catch up with fellow members, while enjoying complimentary drinks, hors d'oeuvres.

**Jackie American Bistro**  
79 Potomac Ave SE, DC  
*Event will have indoor + outdoor areas*

**RSVP:** [tinyurl.com/DCACEPSocial](https://tinyurl.com/DCACEPSocial)  
*Significant others, children welcome*

WWW.DCACEP.ORG



THE DC, MARYLAND,  
AND VIRGINIA  
ACEP CHAPTERS  
INVITE YOU TO:

**MID-ATLANTIC HAPPY HOUR**  
**@ ACEP22**

Sunday, October 2 | 5:30-7pm | Hilton Union Square San Francisco

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## Virtual Residency Director Panel Natalie Sullivan, MD



Dr. Natalie Sullivan and the DC Medical Student Council (MSC) will host a virtual Residency Director Panel with representatives from the University of Maryland, Hopkins, GW, and Georgetown.

**Date:** Wednesday, September 7th  
**Time:** 5:30PM EST

Please share this opportunity with any aspiring (especially rising MS4) EM-interested medical students. [More info here](#). [Register here](#).

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## Resident Corner Melissa Templeton, MD

Blink and you'll miss it- I have been told that countless times in my life in reference to my time in high school, college and countless other life milestones. Now, it applies to my time in residency. As I begin my third and final year as an emergency medicine resident, I can't help but be amazed how much seems to have happened in such a short amount of time. I moved to Washington, D.C. in the height of the Covid-19 pandemic. I had never lived outside of New England (and never more than 2 hours from my family).



In May 2020 I drove myself alone to my new apartment, which I had never seen, away from all of my friends and family (most of whom I hadn't seen in months). I had no idea what to expect from residency, much less what to expect starting as an intern in "unprecedented times."

Now, looking back, I am starting to appreciate the tremendous personal and professional growth I have undergone over the last 2-years. It's so easy to be overwhelmed during this strange time in the world that in this, my final year, I want to take the time to appreciate even the most miniscule of strides I've made. My hands no longer shake while putting in a central line. I no longer hesitate to step forward and run a code. I feel confident in making myself heard in a loud, chaotic resuscitation room.

I still have a full year to perfect these skills and realize just how much I still don't know. But for now, I am grateful for the mentors, colleagues and friends who have helped me get this far. And as a chief and senior resident this year, I'm blessed with the opportunity to pass on what I've learn to those setting foot in our ED for the first time.

*Dr. Melissa Templeton is a 3rd year resident at Georgetown and is originally from Westford, Massachusetts.*

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## **Work/Life Balance Leah Steckler, MD**



In the beginning of my term as the 2021-2022 DCACEP President, I welcomed my first child into the world, a week earlier than expected. While it was one of the most rewarding moments in my life, it presented challenges I never could have anticipated. With my new perspective, and horrible sleep deprivation, I felt that this experience made even the hardest days as a student or resident seem like a breeze.

Before I knew it, my son was already one month old and those very difficult early moments were a distant memory. Now, one year later, I cannot believe how quickly time has passed. Being communicative, organized, flexible, calm under pressure, and resourceful, are some of the fundamentals in our training as emergency physicians that certainly helped with my confidence level as a new parent, particularly during the early days.

While the elusive work-life balance feels more like a seesaw, I am fortunate to have been able to start a family and to simultaneously continue to grow in my career. Reflecting on this precious period, I am incredibly grateful to my employer supporting time off to spend with my newborn, as well as for my family, friends and colleagues. It has been a unifying experience to be surrounded by a community of physicians who are willing to help at any time, day or night throughout the entire journey. I am truly humbled to have this support despite the many personal, national, and world events that have uprooted our daily lives.

*Dr. Steckler is Assistant Professor of Emergency Medicine at George Washington Medical Faculty Associates (GW-MFA) and is the immediate Past President of DC ACEP*

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If you are planning to attend [ACEP22](#) in San Francisco. Find information about the COVID protocols [here](#). Your safety & health matters to us!

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## Welcome Members!

A special welcome to the new members of the District of Columbia Chapter and to those that renewed their membership. Please [reach out](#) if you would like to become involved at the chapter level, including leadership opportunities.

We are excited to have you!

Aadya Singh, MD	Jordan Detrick, MD
Abigail Clarkson-During, MD	Kathryn Kellogg, MD, FACEP
Abraham Pierce Campbell, DO	Kayla Rebecca Darris, MD
Alexas Katherine Gaudet, MD	Larissa H. Unruh, MD/MPH
Amelia Bryan, MD	Latrise S. Jefferson, MD
Breanne M Jacobs, MD	Lauren Kathleen Rosenfeld, MD
Broderick Moore Koch, MD	Leslie Gailloud, MD
Bryan Paul Knoedler, MD	Liana Kelley Meffert, MD
Bryan Rosenberg, MD	Lulu Wang, MD
Caitlin Williams, MD	Margaret Patella
Catherine Levitt, MD	Maria Lawrynowicz, MD
Erika Nuber, MD	Matthew Mueller, DO, MPH
Erin Vaughan	Melanie Marie Schroeder, MD
Hallie Jester, MD	Natalie L. Kirilichin, MD, FACEP
Ife Adabonyan, MD	Neal Mohen Mangalat, MD, FACEP
Jasmine Malek, MD, FACEP	Richu A. Raju
Jason Finkelstein, MD	Rohan Janwadkar, MD
Jennifer Luk, MD	Saskia Van Terheyden, MD
Jonathan Rakofsky, MD	Theodore Fagrelus, MD Victoria Larsen, MD

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Follow us on Social Media!



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## FROM NATIONAL ACEP



### ACEP Resources & Latest News

#### **New Monkeypox Emergency Medicine Project Requests Case Images**

ACEP has partnered with VisualDx to create the [Monkeypox Emergency Medicine Project](#). Together we are asking you to contribute your confirmed monkeypox case images to the initiative. Images will be deidentified and made freely accessible to ACEP members to better assist recognition, clinical care, and education. It will also be available within the VisualDx system. [Learn more.](#)

**More Monkeypox Resources:** We are regularly updating our [Monkeypox Field Guide](#) and providing weekly rundowns in the [Emerging Threats Communication Hub](#), an open discussion forum for all ACEP members.

#### **Current Insurer Calculation of Qualified Payment Amount for Out-of-Network (OON) Care May Violate No Surprises Act**

A new study indicates health insurers are trying to game the system again. [Learn more.](#)

#### **Apply for ACEP's Reimbursement Leadership Development Program by Sept. 8.**

ACEP is sponsoring three members to attend several key events in order to train the future leaders in EM reimbursement. Commitment is estimated at 25 days of travel during the 18-month program. [Learn more.](#)

#### **Advocacy at Home: August Recess Toolkit**

Elected officials are heading back to their districts for the month and our [Advocacy At Home: August Recess Toolkit](#) can help you set and prepare for local meetings with federal legislators or staff. This is a great time to share your stories that personalize our calls for policy changes. Find this toolkit and more helpful resources for speaking with media and legislators in [ACEP's Media Hub](#).

#### **Get Your Bike Helmet Ready! Dr. and Lady Glaucomflecken are Speaking at ACEP22**

Don't miss these social media sensations as they share their perspectives about the physician, patient and family experience. Join us Oct. 1-4 in San Francisco for the [world's largest EM educational conference!](#)

#### **ACEP22 Travel Discounts You Need to Know About**

- Hotels: Seven ACEP22 hotels have [recently discounted rates](#) for you! If you already booked through OnPeak, your rates will be automatically lowered. If not, you can still book with these discounted rates.
- Airfare: ACEP + TripEasy = [savings up to 20% off flights](#)

## Myth BustED: Patients' Rights in the Emergency Department

ACEP recently launched a "Myth BustED" video series to debunk common misconceptions and educate the public about emergency care. In our first video—[Patients' Rights in the Emergency Room](#)—Dr. Avir Mitra educates patients about laws like EMTALA and the Prudent Layperson Standard that protect access to emergency care. [Watch now to see how ACEP is encouraging patients to always seek care when they need it.](#)

## New Bedside Tool for Patients Experiencing Cancer Immunotherapy-related Issues

ACEP has a new point-of-care tool, ImmunoTox, focused on caring for patients who are experiencing adverse events related to cancer immunotherapy. The pathway includes history/physical, testing, management, disposition and immunotherapy pearls. The tool also includes six PDFs for optional download. [Learn more.](#)

## Introducing the EM Opioid Advisory Network

Receive clinical guidance, discover tools and resources, and get your questions answered through ACEP's EM Opioid Advisory Network. ACEP's new initiative connects emergency physicians combating the opioid crisis with expert advice on managing Opioid Use Disorder patients presenting in the ED, creating a protocol to initiate buprenorphine, and more. The expert panel is here to help ALL emergency health care professionals, free of charge. [Learn more.](#)

ACEP is seeking comments on a **draft clinical policy for patients with suspected appendicitis**. [Weigh in.](#)

**Podcast:** Have you checked out the [newest Frontline podcast](#) episode featuring EM physician and astronaut Dr. Thomas Marshburn?

## Now Accepting ACEP23 Course Proposals

As we start our countdown to ACEP22 in San Francisco, we're already thinking about ACEP23 in Philadelphia! ACEP's Educational Meetings Subcommittee is now accepting course proposals for the 2023 Scientific Assembly. [Learn more.](#)

**In Memoriam:** [ACEP remembers emergency medicine pioneer Jim Roberts, MD, FACEP](#). One of the first five board-certified emergency medicine physicians, Dr. Roberts became a household name in our specialty through his authorship of *Clinical Procedures in Emergency Medicine and Acute Care*, a prominent book that printed seven editions.

## Upcoming ACEP Events and Deadlines

**October 1-4:** ACEP Scientific Assembly in San Francisco

**October 17-22:** [EM Basic Research Skills \(EMBRs\)](#)

**November 11:** Last day to submit [ACEP23 course proposals](#)

**District of Columbia ACEP Chapter**  
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