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## President's Message

Dear Colleagues,

Over the summer, our organization has been focused on several issues affecting the Emergency Medicine workforce at the local and national level and we have also been monitoring COVID-19. As such, we would like to provide you an update on where things stand on both areas.

## Emergency Medicine Workforce

A big thank you to those of you who attended the DC ACEP Town Hall on June 8th! Some key points from the meeting are below:

- Dr. Aisha Terry and Mr. Ed Salsberg were the featured speakers and provided an excellent presentation regarding the current state of affairs, future of our field, and practice trends
- Mr. Salsberg highlighted that by identifying a possible surplus of EM physicians, we as a community are able to anticipate what changes need to be made to improve our practice both in cities and in rural communities
- As a college, ACEP is continuing to explore additional roles, responsibilities, and subspecialties that are suitable for EM physicians

### **COVID-19 and [ACEP21](#)**

National ACEP has been closely monitoring COVID-19. As always, ACEP's priority will be the health and well-being of all attendees. Some guidance related to the event can be found below:

- At this time, for those planning to attend the meeting in person, all will be asked to attest to vaccinations
- Social distancing, screening, and mask mandates will also be in effect
- Additional protocols will depend on government authorities in Boston
- ACEP is planning to have an at-home version of the conference for those who are not able to attend in person
- As the situation continues to evolve, the most up to date information for [ACEP21](#) can be found [here](#)

Thank you for your continued commitment to ACEP! We are grateful for all that you do, and we hope that everyone continues to stay safe amid the ongoing pandemic. Please do not hesitate to reach out if there is anything we can do to support you in your practice of Emergency Medicine.

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[Upcoming Chapter Event](#)



THE DC, MARYLAND, AND VIRGINIA  
CHAPTERS OF ACEP INVITE YOU TO THE

# MID-ATLANTIC RECEPTION

MONDAY, OCTOBER 25, 2021  
5:30 PM - 7:00PM  
ACEP21 | BOSTON, MA

RSVP AT [BIT.LY/MIDATLANTIC21](https://bit.ly/midatlantic21)

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## **Basic Wellbeing May Not Start with YOU!!** **Rita A. Manfredi-Shutler, MD, FACEP**

You can't meditate your way into wellness anymore. Research shows that you can't yoga your way into wellness either - it is the system that is breaking and burning out emergency physicians. So, how do we start to fix the system?

Let's begin by talking about Herb Kelleher and Southwest Airlines. In 1981 Herb Kelleher became Southwest Airlines President and CEO. Southwest has become one of the most successful airlines because of Herb Kelleher's objectives. Herb insisted Employees should come first and that the Customer is NOT always right. Empowered by the knowledge that their boss had their back, Employees treated Customers well. Those satisfied Customers, in turn, became repeat Customers,

which made the airline successful. Let's put that in "doctor" terms - Clinicians come first and if they are treated well by the organization, they will excel at providing exceptional care to patients. And those patients will be satisfied patients. So what results is a very successful practice with professionally fulfilled clinicians and satisfied patients.

Another organization we should talk about is Alcoa, the world's 6th largest producer of aluminum and one of the safest organizations in the world. Alcoa expects their workers to find joy and meaning in their daily work, so each person in the workforce must be able to answer affirmatively 3-questions each day:

1. Am I treated with dignity and respect by everyone?
2. Do I have what I need so that I can make a contribution that gives meaning to my life?
3. Am I recognized and thanked for what I do?

Wouldn't it be fabulous if your department chair or leader in your organization asked you these 3-questions? This would indicate that leadership is really paying attention to one of the pulse points of the organization that fosters professional fulfillment. The opposite of professional fulfillment or engagement is burnout. Burnout and engagement exist on a spectrum and are driven by the same forces: workload and job demand, efficiency and resources, organizational culture and values, social support and community at work, control and flexibility, work-life integration, and meaning in work. Research from the Institute of Healthcare Improvement and the National Academy of Medicine reveals: **THE ANTIDOTE TO BURNOUT IS ENGAGEMENT!**

So back to Aluminum foil and Alcoa and the 3-daily questions. Rather than using the 3-questions above as a specific measurement tool, let's look more globally and ask, "What would it look like in our ED or organization if we could answer "Yes" to each question?"

It is essential that our system or department operates with an organizational understanding of wellbeing and resilience. We all need to promote interventions that address the underlying operational issues that lead to unwellness in the first place. We must find solutions that benefit everyone - health care providers and all the patients we serve. We need to change the health care system that we work in. Together, pandemic or not, we can make this happen!

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**New Social Media Ambassador**

**Alexa R. Weisbein, MD** is originally from Downingtown, Pennsylvania. She attended Baylor University for her undergraduate degree, and Texas A&M University for her medical degree. She is currently a PGY1 at Georgetown's Emergency Medicine Residency. Her academic interests include health policy, health media, and cardiac emergencies. In her free time, she enjoys taking trips to the beach and cheering on the Philadelphia Eagles and Baylor Bears!



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## Welcome New Members!

A special welcome to the new members of the District of Columbia Chapter and to those that renewed their membership with the chapter. We are excited to have you!

[Contact](#) the chapter if you would like to get involved at chapter or national level. We can help!

**Alexa R. Weisbein, MD**  
**Alexander B. Kreisman, MD**  
**Ali Pourmand, MD**  
**Angela Cai MD, MBA**  
**Benjamin Castin**  
**Bethany Busack, MD**  
**Bowen Sheng, MD**  
**Brandon L. Williams, MD**  
**Brian Q. Peragine, MD**  
**Cody Johnson, MD**  
**Connor L. Bracy, MD**  
**Daniel K. Clark**  
**Elizabeth S. Rempfer, MD**  
**Emily A. Harrington, MD**  
**Erika Nuber, MD**  
**Francis J. O'Connell, MD**  
**Frederick Chu**  
**Glennette Castillo, MD**  
**Hannah E. Fairley, MD**  
**James M. Gaylor, MD**  
**James L. Scott, MD**  
**Jarvis Garner**  
**Karen Hou Chung, MD**  
**Kathryn R. Thompson, MD**  
**Kelly J. Lew, MD**

**Kelly J. Lew, MD**  
**Kevin Kucharski**  
**Kirsten I. Boone, MD**  
**Kristin N. Raphel, MD**  
**Lian M. Lancaster, MD**  
**Michael DeLuca, MD**  
**Miriam Bukhsh**  
**Monika Misak, MD**  
**Naeha Haridasa**  
**Nam Thanh Trinh, MD**  
**Olivia D. Madison**  
**Rashmi A. Jadhav, MD**  
**Robert Christopher Pena, MD**  
**Samuel Winsten, MD**  
**Siena G. Simmons**  
**Sonya Naganathan, MD**  
**Steven P. Davis, MD**  
**Tania Ahluwalia**  
**Taylor K. Peter-Bibb, MD**  
**Terell M. Willard**  
**Valerie A. Hoerster, MD**  
**William E. Northington, MD**

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**Follow us on Social Media!**



[Chapter](#) & [National ACEP](#) Membership

**FROM NATIONAL ACEP**



ADVANCING EMERGENCY CARE 



**Webinar: Rural Emergency Medicine: Where We Are and Where We Are Headed**

Host: [Rural Emergency Medicine Section](#)

August 30, 2021 | 3:00 PM CT

[Register Here](#)

Leaders of ACEPs Rural Section will be giving an update on current hot topics regarding rural emergency medicine. Many see rural America as the new frontier for EM workforce, and there is truth to that, but the issue is much more complex and nuanced than it may seem. Please join Drs. Scott Findley, Ashley Kochanek Weisman, and Stephen Jameson as they update ACEP sections and state chapters

on rural EM workforce, Council resolutions to expand EM physician opportunities and improve rural ED patient care, rural health political initiatives, and the collaboration efforts that are underway with our NP, PA, and non-EM trained physician colleagues. There will be opportunity for Q&A during this 90-minute session as well.

## Featured News

### **Senate Passes Dr. Lorna Breen Health Care Provider Protection Act**

ACEP is pleased to announce that early Friday morning, the Senate approved S. 610, the "Dr. Lorna Breen Health Care Provider Protection Act." This comes on the heels of hundreds of ACEP members joining together to lobby for this legislation during last month's Leadership & Advocacy Conference, conducting 287 meetings with legislators and staff from 44 states. [Read more details and view next steps.](#)

### **EM Physician Workforce of the Future:**

- The EM Workforce Report Session from the recent Leadership & Advocacy Conference [is now available](#). Listen in as ACEP leaders discuss the data & next steps.
- The Young Physicians Section [hosted a Q&A session](#) with ACEP President Elect Dr. Gillian Schmitz and EMRA President Elect Dr. Angela Cai, asking workforce-related questions submitted by YPS members.
- "[The Emergency Medicine Physician Workforce: Projections for 2030](#)" was recently published in *Annals of Emergency Medicine*.
- **New ACEP Policy Statement:** [Emergency Medicine Workforce](#)
- Get the latest workforce updates at [www.acep.org/workforce](http://www.acep.org/workforce).

[Resident Voice: Where Medicine and Literature Meet](#) (ACEP Now, July 22)

### **New ACEP Policy Statement & Information Paper**

- [Definition of Emergency Medicine Residency](#)
- [Medication Therapy for Psychiatric Crisis Events](#)

## COVID-19

### **Press Releases:**

- [ACEP Urges FDA to Prioritize Emergency Physicians for COVID-19 Booster](#) (August 13)
- [Emergency Physicians to Parents and Students: Prioritize COVID Safety in Back-to-School Plans](#) (August 13)
- [Emergency Physicians Increase their Calls for Concerns around COVID-19 Delta Variant and Support Mandate to Vaccinate Healthcare Workers](#) (July 28)

### **Do You Have a Vaccination Program in Your ED?**

As new variants continue to emerge, there is more urgency to vaccinate as many people as possible against the virus. If you have set up a vaccination program in

your ED, [please take a few minutes to complete our survey for national data gathering](#). If you haven't, please consider working with your institution to provide vaccines to appropriate patients who will be discharged from the ED. An [on-demand webinar features ACEP members](#) explaining how they set up vaccine administration programs in their EDs and their lessons learned. And [there are more resources online](#), including helpful tools for addressing vaccine hesitancy.

### **New Podcast: COVID-19 Myth Busting**

ACEP members are all fielding questions and concerns from friends and family. ACEP Frontline host Dr. Ryan Stanton sits down with Dr. Howie Mell to dispel some ongoing myths around vaccines, variants and more. [Share this episode on social media to help us battle disinformation.](#)

**New:** [COVID-19 Vaccination Smart Phrase](#)

**Get the Latest Tools in the [COVID-19 Clinical Alert Center](#)**

## **ACEP Member Benefits**

### **Get the Support You Need**

Stress is high right now, on so many levels. Everyone has unique needs depending on personal circumstances, but the following free support services are available:

- [Crisis counseling/wellness sessions](#) available 24/7 and strictly confidential
- [Peer support line](#) for physicians and medical students, available 24/7
- [Let's Talk forum](#) for ACEP members, our only forum to allow anonymous posts

## **Upcoming ACEP Events and Deadlines**

**August 30:** [Rural Emergency Medicine: Where We Are and Where We Are Headed](#)

**September 23:** [Dental 101 for ED Physicians \(Webinar\)](#)

**October 25-28:** ACEP21 in Boston — [REGISTRATION IS OPEN!](#) Use promo code ACEP21CHAP for \$100 off the in-person meeting price.

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### **Improve the Quality of Acute Care to Patients with ACEP Accreditation**

When you choose accreditation, you are choosing to pursue a commitment to excellence across the spectrum of care that will help attract more patients and elevate your institution— providing a competitive edge in the marketplace.

- Strengthen community confidence in the quality and safety of care, treatment, and services – achieving accreditation makes a strong statement to the community about an organization’s efforts to provide the highest quality services.
- Provide a framework for organizational structure and management – accreditation involves maintaining a high level of quality and compliance with the latest standards. Accreditation provides guidance to an organization’s quality improvement efforts.
- Align emergency departments with one of the most respected names in emergency health care – being accredited by ACEP helps organizations position for the future of integrated care.

Learn more about ACEP's Accreditation Programs

**District of Columbia ACEP Chapter**  
**Leah E. Steckler, MD - President**

**[Adriana Alvarez](#) - Chapter Executive Director**

**800.798.1822 Ext. 3312 | [Website](#)**

**c/o National ACEP**

**4950 West Royal Lane**

**Irving, Texas 75063-2524**

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