

Bio-sketch

Dr. Aisha T. Liferidge was born and raised in Goldsboro, North Carolina. She was elected as President of her high school class and graduated with honors from Duke University with a bachelor of science degree in Biology, and minors in Chemistry and Spanish. In 1999, she began her medical training at the University of North Carolina at Chapel Hill School of Medicine on a 4-year full scholarship. While in Chapel Hill, she reaped the benefits of mentorship from great icons in the field of emergency medicine, which led to her completing key, nationally-recognized research in neurological emergencies as a medical student. Dr. Liferidge then joined the ranks of the reputable emergency medicine residency program at the University of Maryland Medical System in Baltimore, Maryland in June 2003. Here, she sharpened her clinical acumen and was groomed for leadership in academics and organized medicine.

During residency in the fall of 2005, Dr. Liferidge was elected President of the national Emergency Medicine Residents' Association (EMRA). Under her leadership, EMRA's budget reached an all-time high of \$1 million and she spearheaded the implementation of the ACEP/EMRA Mini-Health Policy Fellowship in Washington, DC, which successfully continues today. As she completed her three-year Presidential term in 2008, she was honored with the American College of Emergency Physician's (ACEP) Heroes in Emergency Medicine Award for commitment to and achievement within the specialty.

In 2011, she completed her Executive Master of Public Health degree with a focus on health policy and hospital management, from the esteemed Columbia University Mailman School of Public Health in New York, New York. Her areas of public health and health policy interests include access to care, disparities, and quality in health care.

At present, Dr. Liferidge serves at the George Washington University School of Medicine in Washington, DC, where she fulfills her true passion for clinical practice, teaching, and mentoring as an Assistant Professor of Emergency Medicine and Health Policy at the Milken Institute School of Public Health. Since joining George Washington in 2012, she has served as director of the Department of Emergency Medicine's Health Policy Fellowship, which trains physicians to be future public health and health policy leaders. In this capacity, she provides didactic teaching, fosters professional development, and facilitates fellows' office placements in Congressional offices, government agencies, and/or think tanks. She has directly supervised 10+ emergency medicine health policy fellows who have gone on to leadership positions in departments of health, in health policy educational programs for medical students and residents, and in innovative public health/health policy education programs related to social media. Dr. Liferidge additionally currently serves as Co-director of the George Washington School of Medicine's Clinical Skills and Reasoning Theme Curriculum for medical students wherein she develops and executes curricula for all 4 classes of GW medical students. She also serves as a Professional Development Mentor and Group Leader in the School of Medicine, wherein she teaches professionalism skills to medical students through small group sessions focused personal reflection and team-building exercises, and additionally conducts faculty development sessions.

Dr. Liferidge has always been very active in her national specialty organization, the American College of Emergency Physicians (ACEP). Most recently, she was elected to the ACEP Board of Directors which advocates for emergency physicians and patients worldwide. She also currently chairs ACEP's Diversity and Inclusion Task Force which seeks to increase awareness on the topic, identify barriers and solutions to diversifying the physician workforce, and linking patient outcomes with workforce diversity. Additionally, she serves as a voting ACEP Councilor and is a member of its Public Health and Injury Prevention committee. In the past, she has additionally chaired ACEP's Disparities in Emergency Medicine Subcommittee, Sobering Centers Subcommittee, and Associate Membership Task Force.

At the state level, Dr. Liferidge is a past President and current Board member of the District of Columbia Chapter of the American College of Emergency Physicians. Under her presidential leadership from 2013 to 2016, the Chapter's activity soared and its revenue more than doubled. Other state level service includes having served two terms on the Maryland College of Emergency Physicians Board of Directors from 2007 to 2012, and having been a member of its public policy committee from 2005 to 2012.

She is the chief executive officer of the Dr. Aisha Liferidge Minority Women in Science Foundation (MWSF), a non-profit organization that empowers the dreams of future leaders with interest in science careers. The MWSF provides mentorship, tangible resources, networking opportunities, and career-long support to its beneficiaries. In 2013, the Foundation provided 13 scholarships (\$8,000) to aspiring youth, followed by giving a block grant of \$7,000 to Sister Mentors through the EduSeed organization, which funded SAT preparatory courses for 10 high school juniors in 2015. In 2016, the MWSF provided academic and merit based scholarships to another 10 rising college freshmen totaling approximately \$25,000. Each year, the Foundation seeks to double its giving.

Dr. Liferidge is a published author who most recently co-authored peer reviewed journal articles about subarachnoid hemorrhage management, national first-time seizure guidelines, and sobering centers. She has given numerous local, state, national and international lectures and speeches on topics such as the triage of emergency department patients to a medical home, sustained growth formula (SGR) reform, coordinated and integrated health care, physician reimbursement, innovative health policy training for physicians, and racial inequity in health care and public health. Dr. Liferidge has also led health policy and stroke research efforts, partially through grant funding from the National Institute of Health (NIH).